



The Stations of the Cross began as a remembrance that pilgrims had when they were retracing Jesus' finals steps in Jerusalem up to the hill where He was crucified. Wanting to share that practice and experience with people who couldn't make the trip to Jerusalem, they created local stations of meditation that became in itself a tradition. You can find this tradition on the inside of many churches still today.

This journey to the cross is not only a meditation of Jesus accomplishing what He came to do - the redemption of humanity through His own willful sacrifice - but it's also a contemplation of Jesus silently participating in some of the worst aspects of being human. We see Him being tempted to give up. Being betrayed by a friend. Being convicted in an unjust political system. Physical pain. Mockery. Public humiliation. Broken family relationships. And one of our greatest fears... having to die. These are all aspects of human life that He was not insulated from. In fact on the cross He quotes King David saying "My God My God, Why have you forsaken me?"... as if to say "Why is it like this?" He was one who was not separate from our own suffering.

Many of us feel the weight of anxiety and fear as we journey through the current world. We are told many narratives of how it is and what is to come. During this season of Lent, we as a community look to the life and teachings of Jesus. We think that One who was in the midst of such political and empirical turmoil, who spoke the words of "Be not afraid"... and "Come to me all you are weary and carrying a heavy load, for I will give you rest"... is someone who can illuminate our desperate viewpoint.

These stations are a cross-section of elements, ideas, and objects from Jesus' journey to the cross. As you work through these stations, may you see the that we are not troubled guests in this world... that we are not forsaken... and that the good news of this season was expressed best by Jesus when He said..."I have told you these things so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

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Stations given in loving memory of Phyllis Touchstone

# **Opening Devotions**

In the Name of the Father, and of the Son, and of the Holy Spirit. *Amen*.

Lord, have mercy. *Christ, have mercy*. Lord, have mercy.

### Officiant and People

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

- V. We will glory in the cross of our Lord Jesus Christ:
- R. In whom is our salvation, our life, and resurrection.

Let us pray. (Silence)

Assist us mercifully with your help, O Lord God of our salvation, that we may enter with joy upon the contemplation of those mighty acts, whereby you have given us life and immortality; through Jesus Christ our Lord. *Amen*.

The procession goes to the First Station.

# First Station

#### JESUS IS TEMPTED

We adore you, O Christ, and we bless you: Because by your holy cross you have redeemed the world.

Stay awake and pray that you may not come into the time of trial; the spirit indeed is willing, but the flesh is weak." Again he went away for the second time and prayed, "My Father, if this cannot pass unless I drink it, your will be done."

- V. God did not spare his own son:
- R. But delivered him up for us all.

Let us pray. (Silence)

Almighty God, whose most dear Son went not up to joy but first he suffered pain and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord. *Amen*.

# Second Station

## JESUS IS BETRAYED

We adore you, O Christ, and we bless you: Because by your holy cross you have redeemed the world.

Then one of the twelve, who was called Judas Iscariot, went to the chief priests and said, "What will you give me if I betray him to you?" They paid him thirty pieces of silver. And from that moment he began to look for an opportunity to betray him.

- V. The Lord has laid on him the iniquity of us all:
- R. For the transgression of my people was he stricken.

Let us pray. (Silence)

Almighty God, whose beloved Son willingly endured the agony and shame of the cross for our redemption: Give us courage to take up our cross and follow him; who lives and reigns for ever and ever. *Amen*.

# Third Station

#### JESUS IS CONDEMNED

We adore you, O Christ, and we bless you: Because by your holy cross you have redeemed the world.

When day came, the assembly of the elders of the people, both chief priests and scribes, gathered together, and they brought him to their council. They said, "If you are the Messiah, tell us." He replied, "If I tell you, you will not believe; and if I question you, you will not answer. But from now on the Son of Man will be seated at the right hand of the power of God." All of them asked, "Are you, then, the Son of God?" He said to them, "You say that I am." Then they said, "What further testimony do we need? We have heard it ourselves from his own lips!"

- V. Surely he has borne our griefs:
- R. And carried our sorrows.

Let us pray. (Silence)

O God, you know us to be set in the midst of so many and great dangers, that by reason of the frailty of our nature we cannot always stand upright: Grant us such strength and protection as may support us in all dangers, and carry us through all temptations; through Jesus Christ our Lord. *Amen*.

# **Fourth Station**

## JESUS IS MOCKED

We adore you, O Christ, and we bless you: Because by your holy cross you have redeemed the world.

"See, we are going up to Jerusalem, and the Son of Man will be handed over to the chief priests and scribes, and they will condemn him to death; then they will hand him over to the Gentiles to be mocked and flogged and crucified; and on the third day he will be raised."

- V. A sword will pierce your own soul also:
- R. And fill your heart with bitter pain.

Let us pray. (Silence)

Lord Jesus Christ, by your death you took away the sting of death: Grant to us your servants so to follow in faith where you have led the way, that we may at length fall asleep peacefully in you and wake up in your likeness; for your tender mercies' sake. *Amen*.

## Fifth Station

## JESUS IS GIVEN HIS CROSS

We adore you, O Christ, and we bless you: Because by your holy cross you have redeemed the world.

Surely he has borne our griefs and carried our sorrows. All we like sheep have gone astray; we have turned every one to his own way; and the Lord has laid on him the iniquity of us all. He was oppressed, and he was afflicted, yet he opened not his mouth. For the transgression of my people was he stricken.

- V. But as for me, I am a worm and no man:
- R. Scorned by all and despised by the people.

Let us pray. (Silence)

Almighty and everliving God, in your tender love for the human race you sent your Son our Savior Jesus Christ to take upon him our nature, and to suffer death upon the cross, giving us the example of his great humility: Mercifully grant that we may walk in the way of his suffering, and also share in his resurrection; who lives and reigns for ever and ever. *Amen*.

## Sixth Station

## **JESUS FALLS**

We adore you, O Christ, and we bless you: Because by your holy cross you have redeemed the world.

I am the man who has seen affliction under the rod of his wrath; he has driven and brought me into darkness without any light. He has besieged me and enveloped me with bitterness and tribulation; he has made me dwell in darkness like the dead of long ago. Though I call and cry for help, he shuts out my prayer. He has made my teeth grind on gravel, and made me cower in ashes. "Remember, O Lord, my affliction and bitterness, the wormwood and the gall!"

- V. He was led like a lamb to the slaughter:
- R. And like a sheep that before its shearers is mute, so he opened not his mouth.

Let us pray. (Silence)

O God, by the passion of your blessed Son, you made an instrument of shameful death to be for us the means of life: Grant us so to glory in the cross of Christ, that we may gladly suffer shame and loss for the sake of your Son our Savior Jesus Christ. *Amen*.

# Seventh Station

#### SIMON CARRIES JESUS' CROSS

We adore you, O Christ, and we bless you: Because by your holy cross you have redeemed the world.

As they led Jesus away, they came upon a man of Cyrene, Simon by name, who was coming in from the country, and laid on him the cross to carry it behind Jesus. "If anyone would come after me, let him deny himself and take up his cross and follow me. Take my yoke upon you, and learn from me; for my yoke is easy, and my burden is light."

- V. Whoever does not bear his own cross and come after me:
- R. Cannot be my disciple.

Let us pray. (Silence)

Heavenly Father, whose blessed Son came not to be served but to serve: Bless all who, following in his steps, give themselves to the service of others; that with wisdom, patience, and courage, they may minster in his Name to the suffering, the friendless, and the needy; for the love of him who laid down his life for us, your Son our Savior Jesus Christ. *Amen*.

# **Eighth Station**

#### JESUS IS STRIPPED

We adore you, O Christ, and we bless you: Because by your holy cross you have redeemed the world.

When they came to a place called Golgotha (which means 'The Place Of a Skull'), they offered him wine to drink, mingled with gall; but when he tasted it, he would not drink it. And they divided his garments among them by casting lots. This was to fulfill the scripture, which says, "They divided my garments among them; they cast lots for my clothing."

- V. They gave me gall to eat:
- R. And when I was thirsty they gave me vinegar to drink.

Let us pray. (Silence)

Lord God, whose blessed Son our Savior gave his body to be whipped and his face to be spit upon: Give us grace to accept joyfully the sufferings of the present time, confident of the glory that shall be revealed; through Jesus Christ our Lord. *Amen*.

# Ninth Station

## JESUS IS NAILED TO THE CROSS

We adore you, O Christ, and we bless you: Because by your holy cross you have redeemed the world.

When they came to the place which is called 'The Skull,' there they crucified him; and with him they crucified two criminals, one on the right, the other on the left, and Jesus between them. And the scripture was fulfilled which says, "He was numbered with the transgressors."

- V. They pierce my hands and my feet:
- R. They stare and gloat over me.

Let us pray. (Silence)

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. *Amen*.

# **Tenth Station**

## **JESUS DIES**

We adore you, O Christ, and we bless you: Because by your holy cross you have redeemed the world.

When Jesus saw his mother, and the disciple whom he loved standing near, he said to his mother, "Woman, behold your son!" Then he said to the disciple, "Behold your mother!" And when Jesus had received the vinegar, he said, "It is finished!" And then, crying with a loud voice, he said, "Father, into your hands I commend my spirit." And he bowed his head, and handed over his spirit.

- V. Christ for us became obedient unto death:
- R. Even death on a cross.

Let us pray. (Silence)

O God, who for our redemption gave your only-begotten Son to the death of the cross, and by his glorious resurrection delivered us from the power of our enemy: Grant us so to die daily to sin, that we may evermore live with him in the joy of his resurrection; who lives and reigns now and for ever. *Amen*.

# **Fleventh Station**

## **JESUS IS BURIED**

We adore you, O Christ, and we bless you: Because by your holy cross you have redeemed the world.

When it was evening, there came a rich man from Arimathea, named Joseph, who also was a disciple of Jesus. He went to Pilate and asked for the body of Jesus. Then Pilate ordered it to be given to him. And Joseph took the body, and wrapped it in a clean linen shroud, and laid it in his own new tomb, which he had hewn in the rock; and he rolled a great stone to the door of the tomb.

- V. You will not abandon me to the grave:
- R. Nor let your holy One see corruption.

Let us pray. (Silence)

O God, your blessed Son was laid in a tomb in a garden, and rested on the Sabbath day: Grant that we who have been buried with him in the waters of baptism may find our perfect rest in his eternal and glorious kingdom; where he lives and reigns for ever and ever. *Amen.* 

# **Twelfth Station**

## JESUS' BODY IS GIVE TO HIS MOTHER

We adore you, O Christ, and we bless you: Because by your holy cross you have redeemed the world.

All you who pass by, behold and see if there is any sorrow like my sorrow. My eyes are spent with weeping; my soul is in tumult; my heart is poured out in grief because of the downfall of my people. "Do not call me Naomi (which means 'Pleasant'), call me Mara (which means 'Bitter'); for the Almighty has dealt very bitterly with me.

- V. Her tears run down her cheeks:
- R. And she has none to comfort her.

Let us pray. (Silence)

O God, who willed that in the passion of your Son a sword of grief should pierce the soul of the Blessed Virgin Mary his mother: Mercifully grant that your Church, having shared with her in his passion, may be made worthy to share in the joys of his resurrection; who lives and reigns for ever and ever. *Amen.* 

# Thirteenth Station

#### JESUS RISES

Shrouded in mystery

Holy God, Holy and Mighty, Holy Immortal One: Have mercy upon us.

# Concluding Prayers before the Altar

Savior of the world, by your cross and precious blood you have redeemed us:

Save us, and help us, we humbly beseech you, O Lord.

Let us pray. (Silence)

We thank you, O God, that you have delivered us from the dominion of sin and death and brought us into the kingdom of your Son; and we pray that, as by his death he has recalled us to life, so by his love he may raise us to eternal joys; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. *Amen*.

To Christ our Lord who loves us, cleansed us from all sin, and made us a kingdom of priests to serve his God and Father, to him be glory and dominion for ever and ever. *Amen*.